

# Hawaii MARINE SPORTS

HAWAII MARINE C SECTION

APRIL 8, 2005

## HSL Ryders ‘Terror’ized

**Sgt. Joseph A. Lee**  
*Sports Editor*

The VP-47 Terror Squad lived up to their name Monday night as they defeated the HSL-37 Eazy Ryders 59-50 in men’s intramural basketball action at the Semper Fit Center.

Leading the league with a 13-2 record, the Eazy Riders expected to out-wind the hefty Terror Squad team Monday night, but were surprised when the Terror Squad not only kept up, but also kept the pressure on throughout, allowing them to overcome and defeat the Eazy Riders late in the second half.

Early in Monday night’s game, Eazy Rider guard Christopher Johnson was putting on a three-point spectacular, firing shots from around the bend, seemingly sinking everything he tossed up and allowing the Eazy Riders to gain an early 17-9 lead over the Terror Squad of VP-47. On some occasions, Johnson would even pull a fast-break back to the line to get in the extra point, on fire from three-point land. Point guard Rodney Lewis joined in the fun to sink some of his own, as the duo quickly established the Eazy Riders as a formidable contender on the court.

When center Scott Sabau drew an inside foul late in the first, the Terror Squad jumped back into the game bringing forth some outside talent of their own in guards Shaw Ballentine and Keith Morgan. Sinking two three-pointers in a row, the Terror Squad wasn’t about to give up, as they brought the score to a tie going into the half, 22-22.

At the half, Eazy Rider coach David Winrow spoke of increasing their intensity on the court in the second half, noting the larger size of the Terror Squad team.

“Our shots just weren’t falling in the first until we were able to break inside, and we got some defense going,” said Morgan. “I know they think they’re going to out-wind

us because we have some larger players, but we’re ready for anything they want to bring.”

And ready they were, as the second half turned out to be a back-and-forth battle for possession, as Terror Squad forward Marquis Ball was able to get some key steals which kept the game close. Eazy Rider guard, Travis Carter controlled the second-half scoring for HSL-37, sinking a couple three-point shots that kept them neck and neck with the Terror Squad.

With six minutes on the clock in the second half, HSL-37 forward Ernest Hall faced off against Terror Squad’s Sabau directly underneath the net as Hall charged to the hole. With a well-timed leap, Sabau peeled the ball from the hands of Hall, and a questionable call followed, bringing Hall to the line for two.

“That was all ball!” Shouted Sabau after the play. “The first true block I get all season, and you want to call it a foul?”

Upset from the call, Sabau and the Terror Squad let loose the terror that gave them their name and made sure the points weren’t lost. They tacked on enough points in the ensuing drive to keep the Eazy Ryders at bay as they chewed the remaining time off the clock.

With a comfortable lead of 53-44, the Terror Squad maintained their composure and kept their lead even while Carter struck back with multiple three-point bombs, threatening to close the gap.

The Terror Squad took the victory, 59-50, as the time expired, putting them at fourth place in the men’s intramural basketball standings, tied with MALS-24.

“It was a great team victory,” said Sabau after the game. “We played well together even when we were down, and we were able to keep our cool. A lot of credit has to go to Ball, though, because his defense was just impenetrable. It’s a really good feeling to get this win. It was a really important one for us.”



Sgt. Joseph A. Lee

Kendrick “Special-K” Hall, Terror Squad small forward, charges inside beneath Eazy Ryder center Brian Washington. The Terror Squad’s bigger players, such as Hall, are often underestimated by their opponents. The common thought that the larger players will tire faster doesn’t seem to be true with the Terror Squad.

## Cheerleading squad to compete Saturday



Sgt. Joseph A. Lee

Christiann Hughey (right) and Kiara Hall have some fun while practicing for their competition, Tuesday, at the Youth Sports Gymnasium. Hughey, the cheerleading squad captain, will be competing in the Show Cheer, the Duet and the Solo competitions at Saturday’s Hawaiian Spirit Spectacular Cheerleading Competition.

### Annual Hawaiian Spirit Spectacular to be held at Iroquois Elementary

**Sgt. Joseph A. Lee**  
*Sports Editor*

A group of young girls ranging in age from 7 to 12 will defend their first-place title, Saturday from 9 a.m. to 2 p.m., in the Hawaiian Spirit Spectacular Cheerleading Competition at Iroquois Point Elementary School in Ewa Beach.

Affiliated with Di Rodin’s Dance Movement Academy and K-Bay Gymnastics, the cheerleading squad took first place at last year’s Spirit Spectacular competition and plans to keep their title this year.

Team captain and sixth grade Kainalu Elementary School student Christiann Hughey plans to lead her cheerleading squad to victory in three challenging events: Show Cheer, Duet Dance and Solo Dance.

According to Carol Ann Carvalho, a former University of Hawaii cheerleader and coach of the K-Bay team, the objective of the Spirit Spectacular is to provide a fun, positive learning experience, while introducing cheerleaders to performance and competition. The competition brings together cheerleading squads from around Oahu and cate-

gorizes the squads by age group.

“The girls will have a great time out there,” said Carvalho, showing her excitement about the upcoming competition. “They have been practicing very hard, and they can’t wait to perform in the competition.”

Every member of the squad will perform the Show Cheer portion of the competition, said Carvalho. It’s a routine that can either combine cheers with dance or can be an all music routine. The routine must include tumbling, stunting, cheer-style motions, formation changes and jumps. Of the two and a half minute allotted time for the performance, at least 30 seconds must be spent cheering in order to get crowd interaction.

“I’m pretty confident we’ll win this year,” said 12-year-old Hughey, who will be competing alongside her sister, Crystal. “We have a good team, and we’ve worked pretty hard practicing at least two times a week.”

Hughey and Bliven Szakacsy will perform a Duet Dance. Szakacsy took first place in the Solo Dance portion of last year’s competition and will be returning to compete alongside her team captain in the duet routine. The one-minute Duet Dance, according to Carvalho, may be of any style in nature and may include costumes and props.

Competing in the Solo Dance portion will be Christiann Hughey, Crystal Hughey,

*See CHEER, C-6*

## VP-9 wins ‘battle of the hangar’

### Golden Eagles ready to take on anything the post season throws

**Sgt. Joseph A. Lee**  
*Sports Editor*

The Golden Eagles of Patrol Squadron 9 faced off against and defeated their working neighbors, Patrol Squadron 47, 8-1, in a no-holds-barred “battle of the hangars” intramural baseball game Friday night at Riseley Field.

The Eagles, second place in the standings with nine wins and two losses, were confident they would add a win to their record after facing the content yet unsuccessful VP-47 team, which hasn’t managed to wrangle in a win thus far this season.

“Hey, they did pretty well this time,” said stand-in VP-

47 pitcher Kelly McAvoy. “They usually get absolutely annihilated. We only lost this game by seven points!”

No need to unleash any sort of secret tactic or special maneuver against VP-47, the Eagles came onto the field with one intention and one intention only — some much-needed batting practice. After having their game against the number-one team called for an audience-member’s foul language outburst, the Golden Eagles only got a tiny taste and reminder of how fast MAG-24’s Larry Drake pitches. Not much of a consolation, McAvoy tossed his best at VP-9 anyways, with the hopes that not too many home runs would be hit off him.

Surprisingly, no big hits were made in the first inning as both teams came up and went down in order. In the second, however, things started to get ugly for VP-47. A shot by first baseman Travis Krueger to center preceded a two-run homer by center fielder Mark Harlow in the sec-



Sgt. Joseph A. Lee

Dan Zimmerman, VP-9 pitcher, throws some heat early in Friday’s game against VP-47. Zimmerman pitched a near-scoreless game until he was relieved by Mark Harlow in the fourth inning. As VP-9 prepares for the post season, they rotated out several of their pitching staff throughout Friday’s game.

*See HANGAR, C-6*



# BASE SPORTS

## Saturday

**Semper Fi Wrestling Club & Tournament** — Come to the Semper Fit Gym, Building 3037, to watch or take part in some top-notch wrestling. The meet starts at 8 a.m. and is USA Wrestling sanctioned. Cost is \$5 plus \$30 for USA membership. For more information, call 254-7610.

**Hawaiian Spirit Spectacular** — Young girls from MCB Hawaii, Kaneohe Bay, will be competing in a cheerleading competition against elementary school squads from accross Oahu from 9 a.m. to 2 p.m. at Iroquis Point Elementary School in Ewa Beach. For more information, call 499-6500 extension 230.

## Sunday

**Semper Fit Seeks Resumes for England Half-Marathon** — The All-Marine Running Team will compete against a Royal Navy and Royal Marines running team, May 25 – 30. The half-marathon will be held in Plymouth, England. Marines who are interested must submit resumes no later than Sunday. Contact Joe Au, MCCA Intramural Sports coordinator, at 254-7591/90 for more information.

## April 15 – 16

**Dodgeball Tournament** — The

Single Marine & Sailor Program is hosting a dodgeball tournament to be held at Camp Smith, Friday, from 11 a.m. to 1 p.m., at the basketball court in Building 9; and at the Semper Fit Center on MCB Hawaii, Kaneohe Bay, April 16, from 10 a.m. to 1 p.m. The event is free and open to all E-5 and below, and will be played in accordance with the National Amateur Dodgeball Association's rules. For more information, call 254-7593.

## April 29

**Youth Soccer Registration Deadline** — If your kids are interested in soccer, this is their chance to get involved. Youth Soccer registration starts Monday and runs through April 29. Cost is \$45 for Youth Activities members, \$55 for non-members. The fee includes jersey, shorts and socks. Registration will be accepted Monday through Friday from 9 a.m. to 5 p.m. at Youth Activities Building 5082. There are registration restrictions and requirements, as well as a mandatory parent meeting, so please call 254-7611 for more information. Practice sessions begin in June with the season kicking off June 25 and wrapping up by Aug. 20. Volunteer coaches are also needed.

## April 30

**10K Run Aboard MCB Hawaii**

— 3rd Marine Regiment, in coordination with the Athletic Branch of Marine Corps Community Services, will conduct a 10-kilometer run aboard Marine Corps Base Hawaii at 7:30 a.m. on April 30. The start and finish area will be located at Pop Warner Field. A 1-mile Family Fun Run will be conducted at the conclusion of the 10-kilometer run. This event is open to the general public. Awards will be given at the conclusion of the race event.

## Ongoing

**Kaneohe Bay Pool Closure** — The Kaneohe Base Pool will be closed through May 1 due to deck resurfacing, barring weather delays. For swimmers interested in lap and recreational swimming, The Officers' Club pool is open from 11 a.m. to 1 p.m. for lap swimming and is open from 1 to 5 p.m. for recreational swimming. The Officers' Club pool will be open to all hands for the duration of base pool repairs. The Kaneohe Base Pool will open on May 1 for normal operational hours, which are: Saturdays, Sundays and holidays from noon to 5 p.m., closed on Mondays, and open Tuesday through Friday from 11 a.m. until 1 p.m. for lap swimming, 1 to 5 p.m. for recreational swimming, and from 5 to 6 p.m. for lap swimming again.

Call MCCA Aquatics at 254-7655 for additional information.

**Cheer on your Favorite Team** — Head down to the Semper Fit Center every Monday, Tuesday, Wednesday and Friday starting at 6:15 p.m. for men's intramural basketball. Intramural baseball games hit Riseley Field Monday through Friday at 6:30 p.m.

**Campground and Picnic Sites** — For picnic and camping sites, Marine Corps Base Hawaii offers some of the most scenic beaches on the island.

Three of those beaches, Pyramid Rock, Hale Koa and Fort Hase are available by reservation for picnics and parties from dawn to dusk. Hale Koa Beach may also be reserved for overnight camping. Reservations are required. For reservations, call 254-7666 for Kaneohe or 477-5143 for Camp Smith.

**Semper Fit Center Offers it All** — The Semper Fit Center has an aerobics class for anyone and everyone trying to meet that New Year's resolution.

Check out as many of the following programs as you would like; Yoga, Cycling, Tai Chi, Cardio-Kick, Gut Cut, Step-Challenge, Water Aerobics, Pilates, Marathon Training and much, much more. For class information, call the Semper Fit Center at 254-7597.

**Fishing Charter Available at MCB Hawaii** — Spend the day aboard one of Mahalo Kai's charter fishing boats. Mahalo Kai has been serving MCB Hawaii since 1992, fishing the bountiful waters off the Windward side. For more information, stop by the Base Marina, located in Building 1698, across from Hangar 101, or call 254-7666/7667.

**Inexpensive, Fun Entertainment** — Look no further for economical entertainment Mondays through Thursdays, all E-5 and below can receive free rental shoes and discounted games at only \$1.50 a game. This discount is good for open play, but does not qualify for tournaments, leagues or unit functions. Call the K-Bay Lanes at 254-7693 to get the spin.

**Color Pin Special** — Every Wednesday, roll a strike. When a colored pin is in the headpin position you can win up to three free games of bowling. All patrons are welcome to take advantage of this deal. Call the K-Bay Lanes at 254-7693.

**Parents for Fitness** — This cooperative baby-sitting effort is available at the Semper Fit Center for children ages 6 weeks and older. All active duty service members and their families may participate; however, PFFP participants are required to volunteer baby-sit three times per month. Call 235-6585 for more information.

**Massage Therapy** — Massage therapy, by certified massage therapists, is available at both Kaneohe Bay and Camp Smith. The massage therapy program will help relieve mental and physical fatigue and improve overall circulation and body tone. Choose from Shiatsu, Swedish, Lomi, deep-tissue and Hot Rock Therapy. Appointments are available by calling K-Bay Semper Fit at 254-7597, or Camp Smith at 477-5197.

# Intramural Sports Standings

Men's Basketball	W	L
CSSG-3	16	3
HSL-37 "Easy Riders"	15	3
HQBN "Demon Deacons"	15	6
MALS-24	12	7
VP-47 "Terror Squad"	12	7
MAG-24	10	10
3rd Marine HQ	9	9
MCAF	7	10
HSL-37 "EZ-2"	2	14
1/12	2	15
3rd Radio Battalion	1	14

Baseball	W	L
MAG-24	12	2
VP-9	10	2
1/12	7	4
HQBN	6	7
VP-2	3	9
VP-47	0	14

*\*Standings are current as of Tuesday.*

# COMMUNITY SPORTS

**2005 Sports Car Racing Gears Up** The Hawaii Region Sports Car Club of America will host six major races in 2005 and Solo II races on Oahu and Maui. Solo II, or Autocross, is held at the Hawaii Raceway Park at Campbell Industrial Park on Oahu and costs \$25 per driver. About 70 to 90 cars, from stock vehicles to race cars, usually compete. The event is purely amateur, but anybody can participate. Each driver receives four runs through the sports car course, and the driver with the single fastest time in the class wins. Points acquired throughout the year accumulate for prizes and trophies presented at year's end. Minimum participation in more than half of the year's races is required to be in the running for points and the run-off championship. Races are scheduled as follows: May 1, June 5, July 3, Aug. 14, Sept. 18, Oct. 2, Nov. 13 and Dec. 26. For more details, call Curtis Lee at 262-5987. The Wheel-to-Wheel and Solo I racing events are regional sports car races at Hawaii Raceway Park. All drivers must pass a driver's school to obtain a competition license, as the cars are raced at speeds of up to 140 mph, and passing is permitted.

Both the driver and vehicle must comply with a number of safety features before they are granted race entry. Future races will be on the following dates: May 15, July 10, Sept. 5 and Nov. 26. For more details, call Ed Hollman at 488-1782.

**State Offers Free Outdoor Education** The Hawaii Department of Land and Natural Resources is offering education classes for the public. Subjects covered include firearms and archery safety, survival and first aid, wildlife identification, conservation, regulations, game care and outdoor responsibility. Attendance at two sessions is required for certification. Classes are open to anyone 10 years or older who enjoys the outdoors — not just hunters. The next two-day session is today from 5:45 to 10 p.m. and Saturday from 7:45 a.m. to 4 p.m. in Classroom A-212 at the Waianae Public Library, 85-625 Farrington Hwy., Waianae. A picture ID is required. For more information about outdoor education, or to sign up for this course, call the Hawaii Hunter Education Program at 587-0200 or visit [www.state.hi.us/dlnr/dcre/home.htm](http://www.state.hi.us/dlnr/dcre/home.htm).

**The Scenic Haleiwa Metric Century** The Hawaii Bicycling League, The Honolulu Advertiser, City Mill, North Shore News, and the Blue Cross/Blue Shield of Hawaii are teaming up to sponsor a 25k, 50k and 100k bicycle race, April 24, scheduled to start and finish on the North Shore. Starting in Haleiwa Town at the Kaiaka State Park, riders will follow the North Shore toward Swanzy Beach Park, 100 kilometers away, near Kaaawa, and will turn around at their respective aid stations at the 25k and 50k marks. Snacks, drinks and mechanical support will be provided along the route, and a festival will take place at the North Shore Marketplace in Haleiwa at the conclusion of the race. Entry forms can be picked up at the Semper Fit Center and must be mailed and postmarked by April 20. Entries will also be accepted the morning of the event. Packets, including relevant ride information, can be picked up April 16, from 9:30 a.m. to 1:30 p.m. at Waikiki Elementary. Look for the HBL banner and tent. T-shirts are distributed at the packet pick-up, and late registrants do not receive a T-shirt with entry. Children under 14 must be accompanied on the ride by an adult, and a bicycle helmet must be worn and properly fastened at all times. The cost of entry is \$30 for non-HBL members, which includes a six-month membership, \$20 for HBL-members, \$13 for children 14 and under, and an additional \$3 for an XXL T-shirt. For questions about the race, visit [www.hbl.org](http://www.hbl.org), or call 735-5756.

**Aloha Adrenaline Adventures** For that unique Hawaiian experience and more excitement in a day, or week, than most people have in a lifetime! Aloha Adrenaline Adventures offers many exciting activities that will surely make your trip to Hawaii an unforgettable one! Captain Thomas R. Magee will personally help you plan the adventure of your choice for the ultimate experience. Choose from a variety of adventures, which include: personalized tours, lessons, scuba diving, snorkeling, mountain climbing, spelunking, hiking to waterfalls and slides, whale and dolphin watching, beach horseback riding, sailing, fishing or private charters. Call Aloha Adrenaline Adventures, located in Honolulu, at 271-8886 or visit [www.adrenalineadventures.com](http://www.adrenalineadventures.com) for more information.

**Volunteers Needed for JAL Honolulu Triathlon** Marines and Sailors are needed to fill volunteer positions in support of the Honolulu Triathlon. Volunteer positions are needed throughout the week. Each volunteer will receive an official staff T-shirt from the Honolulu Triathlon and lunch with refreshments each day. All volunteers will report to Kapiolani Park to the concession stand at Queens Beach to volunteer coordinator Jimmy Davis or Bill Burke for their duties of the day. To volunteer, Marines and Sailors should contact Bill Burke at 504-628-3155 or e-mail: [billpemusa@yahoo.com](mailto:billpemusa@yahoo.com). Registration for the 2005 JAL Honolulu Triathlon is now online at [www.honolulu.com](http://www.honolulu.com).

olulu triathlon.com. The amateur race will be held April 17, and will begin and end at Kapiolani Park. Mail-in registration forms can also be found in Athletes Hawaii Magazine, which is available at most Hawaii sporting goods stores. Registration costs are \$100 for individuals and \$125 for teams. For more information, visit the JAL Honolulu Triathlon Web site at [www.honolulu.com](http://www.honolulu.com). **Hawaii Marine Accepts Briefs** Advertise sports and recreational activities of interest to the DoD community in the *Hawaii Marine*. E-mail items to [editor@hawaiimarine.com](mailto:editor@hawaiimarine.com), call the *Hawaii Marine* staff at 257-8836 or fax items to 257-1289.

# Oahu Interscholastic Association calendar

## TODAY

**Basketball, Girls**  
Leilehua @ Radford  
Campbell @ Pearl City  
Mililani @ Kapolei  
Kailua @ Kalani  
MB Thompson @ Kaimuki  
Castle @ Waipahu

**Baseball, Varsity**  
Kalaheo @ Castle  
Kalani @ Kaiser  
Mililani @ Radford  
Aiea @ Leilehua

**Baseball, JV**  
Moanalua @ Kaimuki  
Roosevelt @ McKinley  
Kailua @ Kahuku  
Waianae @ Waipahu  
Campbell @ Nanakuli

## SATURDAY

**Basketball, Girls**  
Kaiser @ Kahuku  
McKinley @ Farrington  
Moanalua @ Kalaheo  
Waianae @ Aiea  
Waialua @ Kaimuki

**Baseball, Varsity**  
Moanalua @ Kaimuki  
Roosevelt @ McKinley  
Kailua @ Kahuku  
Waianae @ Waipahu  
Campbell @ Nanakuli  
Pearl City @ Waialua

**Baseball, JV**  
Kalaheo @ Castle  
Kalani @ Kaiser  
Mililani @ Radford  
Aiea @ Leilehua

**Judo**  
At Campbell: Campbell v. Mililani; Kapolei v. Aiea; Leilehua v. Waialua; Waipahu v. Pearl City; Aiea v. Campbell; Mililani v. Leilehua; Pearl City v. Waialua; Waipahu v. Kapolei  
At Castle: McKinley v. Kailua; Kahuku v. Kaimuki; Moanalua v. Roosevelt; Farrington v. Castle; Kaiser v. Kalani; Roosevelt v. McKinley; Kaimuki v. Farrington; Kalani v. Kahuku; Kailua v. Kaiser; Castle v. Moanalua; Kaimuki v. Kalani; Kahuku v. Kailua; Kaiser v. Roosevelt; McKinley v. Castle; Farrington v. Moanalua

**Water Polo**  
Aiea v. McKinley, 2:00 p.m.  
Mililani v. Moanalua, 3:15 p.m.



# The Bottom Line

(Editor’s Note: “The Bottom Line” is the **Hawaii Marine’s** weekly sports commentary from two sports aficionados who rarely see eye-to-eye when it comes to America’s one true obsession — sports. Chances are you’ll either agree with one of their takes or disagree with both. The **Hawaii Marine** welcomes your e-mails of no more than 250 words. We will print the top comment of the week from our readers. Send “Readers Strike Back” comments to editor@hawaiimarine.com. Remember, “**If you don’t speak up, you won’t be heard.**”)

## Who had the best sports rivalry of all time?

### Sgt. Joe Lindsay

*The Goat*

There are basically four different kinds of team rivalries in sports. There are rivalries that are basically short lived because the two teams happened to be good at the same time (see Los Angeles Lakers vs. Sacramento Kings).

There are rivalries that are based more on media hype and trying to get the masses excited in order to sell more tickets and generate greater advertising sales for newspapers, radio and television conglomerates (see entire sport of NASCAR if you believe argument that pit crews and driver constitute a team).

There are rivalries that were once great but that have faded with time and mediocrity (see Dallas Cowboys vs. San Francisco 49ers).

And then, there are rivalries that are true rivalries, based not on mutual respect and sportsmanship, but on an outright disdain for the other team and their fans. The reason true rivalries are so rare is that they must both withstand the test of time and transcend the level of the team’s ability in any given year while at the same time providing unforgettable drama and classic matchups. In other words, a deeply rooted passion must exist even when there isn’t much riding on the outcome to the outside observer.

#### Top 10 Greatest Sports Team Rivalries

10. Army vs. Navy
9. Los Angeles Dodgers vs. San Francisco Giants
8. Cal vs. Stanford
7. Dallas Cowboys vs. Washington Redskins/Philadelphia Eagles

6. Alabama vs. Auburn
5. Chicago Bears vs. Green Bay Packers
4. Oakland Raiders vs. Kansas City Chiefs/Denver Broncos
3. Michigan vs. Ohio State
2. Duke vs. North Carolina
1. New York Yankees vs. Boston Red Sox

It is almost painful to look up at this list and not to see the Lakers vs. Celtics. There was a time when this rivalry defined not just basketball, but all of sports.

It was a rivalry passed from father to son. From Russell and Havelicek battling Baylor and West to Magic, Worthy and Kareem taking on Bird, McHale and Parish, the Lakers vs. Celtics rivalry was the purest in all of sports. Blue collar Boston vs. Showtime L.A. West Coast vs. East Coast. Good vs. Evil.

You name it, they had it. It is discerning to note that of all the rivalries in sports, not one NBA rivalry remains worthy of a Top Ten nomination today. Guaranteed contracts, coaches getting fired for sneezing wrong, Jay Z and MTV Crips are at least partially to blame.

**Bottom Line:** With seven of the top ten rivalries going to either college or pro football teams, it seems evident that football remains, in a sense, the de facto national pastime.

Still, there is really no way to argue around the fact that the Yankees vs. Red Sox is the most heated, most watched, and most talked-about rivalry in all of sports. Unless, of course, you count the Carleton College vs. St. Olaf rivalry for the coveted Goat Trophy.

### Capt. K.D. Robbins

*The Professor*

Of all the rivalries that exist in sports, one stands out: The Professor vs. The Goat. As always, the readership deals the cards, determining who should go all-in and who should simply go home in the weekly brand of “Texas Hold-’em” that “The Bottom Line” loves to play.

5. *Auburn vs. Alabama:* Beginning in 1893, no in-state football rivalry compares to The Iron Bowl. Although the Crimson Tide leads the series 38–27, with one tie, this rivalry is a virtual Mecca for the legends of college football. From Joe Namath to Kenny Stabler, Bo Jackson and Paul “Bear” Bryant, Auburn-Alabama is like no other.

4. *Oklahoma vs. Texas:* Seventy-five years in the works and the Red River Shootout continues to be the deciding game for the who’s who of college football. The Longhorns lead the series 41–35, yet the Sooners have fared best as of late. The only game played at a State Fair, the battle for the Golden Hat Trophy has been sold out every year.

3. *Duke vs. North Carolina:* Tobacco Road is college basketball. Throw all of the other conferences out, as the ACC is the premier conference in college basketball. This

dual between the best two teams in the country’s best conference would sell out on a playground. Put them in Cameron Indoor or the Dean Dome, and you have a war.

2. *Red Sox vs. Yankees:* From the Babe Ruth deal to Bucky Dent this match-up is the only regular season baseball worth watching. It’s not the playoff atmosphere. It’s the history. Fresh off the Red Sox 2004 0–3 comeback, history continues to rewrite itself when the Steinbrenners meet the Chowderheads.

Honorable Mentions: OSU vs. Michigan; Bears vs. Packers; USA vs. Russia (ice hockey); USA vs. Australia (swimming); Barcelona vs. Real Madrid (soccer).

**Bottom Line:** Rivalries are measured by one parameter: One team’s success versus that of their opponent’s. It’s been said, “Numbers don’t lie.” Try these numbers on for size: 49–49, with 7 ties in the 105 games played since 1890. Coaching careers at the two service academies are measured by one game. Legends Doc Blanchard and Roger Staubach legacies were measured by one game. Football players go to West Point and Annapolis to play one game: There is no greater rivalry then one game: Army-Navy.

## READERS STRIKE BACK

“I am sick of ‘The Bottom Line’ not covering real sports ... “

Dear Bottom Line,

Wrestling season has started so you should include some articles in the paper. This base does have a team this year. The team name is Semper Fi Wrestling Club. It is part of a national organization called USA Wrestling. We

have about 24 wrestlers ages from 5–14. There are going to be three or four tournaments here on base. I know “The Bottom Line” won’t cover the sport because they are too busy with basketball and baseball. Maybe the *Hawaii Marine* sport section can be there. I am sick of “The Bottom Line” not covering

real sports like wrestling. Wrestling is also in the national scene and a worldwide sport. A lot of readers would like to see a wrestling story, but obviously “The Bottom Line” doesn’t care.

**Ramon Ortiz**  
**Peoria, Arizona**



# SPORTS AROUND THE CORPS



Sergeant Curtis Proctor, a 29-year-old Riverside, Calif. native, speaks to his Marines on the camp guard force, April 2.

## All-Marine runner puts sports on hold for OIF

**Sgt. Stephen D'Alessio**  
2nd Marine Division

**CAMP BLUE DIAMOND, AR RAMADI, Iraq** — When Sgt. Proctor was told to ‘hit the ground running’ with his new job in the 2nd Marine Division Headquarters, he laughed. That’s because there isn’t anybody faster — on record anyway.

Curtis Proctor, a 29-year-old Riverside, Calif. native, holds the Marine Corps record for the 200-meter sprint. Even though he’s been out of the running business for a few years, he still holds the record for the All-Marine track team with 20.68 seconds.

The Marines photographed him for an All-Marine sports calendar and poster that he keeps hung on a wall at home.

If he were only five hundredths of a second faster, he could have been a world-class qualifier.

But that never stopped him from picking up the pace.

Currently, the 1994 Polytechnic High School graduate is postponing sports as he participates in Operation Iraqi Freedom as the common operational picture manager for the division’s commanding general. He tracks the movements of units and equipment to create a map of the entire battlefield, physically and statistically.

“Think of the maps on the news you see when they’re reporting on Iraq,” said Proctor. “I have to make something similar to that for the gen-



Sergeant Curtis Proctor, a 29-year-old from Riverside, Calif., checks the chamber of a rifle to see if it’s cleared as his Marine on the camp guard force changes post, April 2. Proctor is the common operational picture manager for the 2nd Marine Division operations section. The father of four also holds the All-Marine Track Team record for the 200-meter sprint.

eral and keep all of the up-to-date information. This is done so he can see the layout of operations,” he added, as he scribbled a note about an improvised explosive device that just detonated near a unit.

Proctor entered the job with a wealth of experience. He originally enlisted as a CH-46 Sea Knight helicopter mechanic in 1994. Working with the “Phrogs” created a pride that sticks with him even today.

It’s the same pride that has been in

his family for decades. Proctor’s father was also a “Phrog” mechanic.

“Working with the forty-sixes was my favorite job so far,” said the father of four. “There’s a camaraderie between the crew that seems unparalleled to any other type of unit from artillery to radio and even the infantry.”

Proctor has had a chance to work with them all. After he completed his

See MARINE, C-7

## Stay in the game

### Basic basketball safety pointers

**Ann Wells**  
www.LIFELines.usmc.mil

Congratulations if you woke up this morning with a renewed vigor to become an ace on the basketball court. But beware, injuries are a common side effect of playing sports.

Basketball, one of the most popular sports in the United States, is no exception. More than 200,000 people are treated for basketball-related injuries every year. Though you can’t completely eliminate the possibility of an injury, playing safe can certainly reduce the risk.

It’s a good idea to get a complete physical before you join a team or begin a basketball program. Make sure your doctor includes an orthopedic exam to evaluate joint flexibility and old bone or sport-related injuries.

**Work up to it**

Of course you’re tempted to begin your new basketball regimen at full throttle, but don’t. Instead, take time to prepare your body. Begin an exercise routine at least six weeks before official practice starts. For military families moving in and out of different climates, it’s particularly important to acclimatize before the official season starts.

Remember, pain can indicate injury. If you or a family member experiences pain while playing or practicing, tell the coach or see a medical provider. If you have a child or teen player, encourage them to tell you or the coach about pains they may be experiencing. And be very clear with a child’s coach that you don’t want your child to be told to “walk it off” or “work through it” or “no pain no gain.”

**Equipment and court safety**

Use recommended safety equipment such as elbow and knee pads or protective eye-wear. A finger to the eyeball can be mighty painful.

Have a first-aid kit that includes cold packs, available at all games or practices, whether it’s formally scheduled or a casual pickup game.

Players should follow the

See GAME, C-5

GAME, From C-4

guidelines and rules set by the coach, and parents should make sure the coach is discouraging pushing, shoving and fighting during games or practices. For younger players, consider using smaller, softer balls. Look for well-padded walls or poles under the backboard, even in a casual game.

Make sure the court is clear of debris and has boundaries that are well marked and are a safe distance from walls, fences, and other obstructions.

Court rules should be visibly posted. Know the team's medical provider and the extent of medical or first-aid service available on site. Determine if phone service or emergency transportation is available from the game location.

Player preparation

Warm up and stretch completely before playing and after extended breaks. Risk of injury increases when muscles are cold. Drink plenty of water or a sports drink before, during, and after practices and games, especially in hot weather. Take care of your feet — make sure shoes fit properly and aren't worn out. Wear socks; dry between your toes; and be sure to address athletes foot, plantar warts, and other foot problems immediately. Remove all jewelry before the game starts. Don't chew gum while playing or practicing.

Maintain muscle strength, endurance and fitness levels throughout the year. Don't forget your upper body — spaghetti arms might hinder your playing prowess. Take time for a good cool-down after the game — this will bring down your pulse and help prevent muscle stiffness. Avoid playing games with players who are drunk or high, on drugs.

Injuries

Despite safety precautions, injuries will occur. Basketball players are particularly prone to sprains and strains in the ankle and foot area.

A sprain is an injury to the ligament that connects bones, and can range from merely stretching the ligament to a full tear. A strain is a pulled muscle.

Symptoms for both sprains and strains vary from mild to

severe pain and bruising, limited movement, and swelling or bulging at the site of injury. With a sprain, you may hear a popping or snapping sound at the time of injury and you might experience some numbness or tingling.

Mild cases can be treated at home or by a qualified team medic or train-

er. To treat a mild sprain or strain, try using some RICE — no, not the fluffy white kind, but: rest; ice; compress; elevate.

Elevating the leg and a cold compress will help reduce swelling. Severe cases require a doctor's attention or serious long-term side effects could result. Other foot and ankle

injuries include broken or dislocated bones, tendonitis (inflamed tendons) and muscle cramps. Less common, though potentially game-ending injuries include blows to the head or eye area and injuries to the lower back, hand and wrist.

Injuries involving bones, joints, head trauma or eye trauma should be

evaluated by a doctor. If you're not sure what type of injury you have, play it safe and see a doctor.

Basketball is the fourth leading cause of injury in team sports. You'll have more fun as a player than as a recuperating injured player. Take a few precautions and stay in the game.

Did You Know?

On April 4, 1986 Wayne Gretzky set an NHL record with his 213th point of the season


On April 5, 1984 Kareem Abdul-Jabbar (Los Angeles Lakers) became the all-time NBA regular season scoring leader when he broke Wilt Chamberlain's record of 31,419 career points.

On April 6, 1896 the first modern Olympic Games began in Athens, Greece.

On April 7, 1963 At the age of 23, Jack Nicklaus became the youngest golfer to win the Masters Tournament.

On April 8, 1974 Hank Aaron hits 715th home run breaking Babe Ruth's record.

You Drink.  
You Drive.



You Lose.

In 2003, about 38 percent of all drivers involved in fatal crashes in the 21- to 24-year-old age group had consumed some alcohol.

— National Highway Traffic Safety Administration





Sgt. Joseph A. Lee  
Mark Harlow of VP-9 watches his first home run of the night sail over the right field wall. With three home runs in the game, VP-9 definitely got in their batting practice versus VP-47 Friday night at Riseley field, and are ready for the post season.

CHEER, From C-1

Lindsey Muller and Bliven Szakacsy. Individual dance routines are set entirely to music, according to Carvalho. One-minute dance solos can be hip-hop, “pom” or novelty. Amy Ehlenberger, a former member of the United Cheerleaders Association, assists Carvalho in coaching the base cheerleading squad. “The girls have been practicing since December and I’m sure they are ready to defend their title.,” said Ehlenberger. “It should be a really fun time for all of us.”

HANGAR, From C-1

ond to start things off for the Golden Eagles. “I tried pitching around Harlow because I knew he had some power,” said McAvoy. “I threw a curve to the outside and he got a hold of it and took it over the right field fence.” Tasting blood, the Eagles didn’t let up, as shortstop Scott Sander continued the drive through the third inning with a solid beamer to left field, bringing in a couple more runs for VP-9. A base hit by McAvoy brought in VP-47’s only run

in the game, as they watched the Eagles continue their onslaught. “Well it’s obvious why I’m playing with VP-9,” said McAvoy as he chased the proverbial VP-9 bandwagon down Mokapu Road. “If I played with my own team, I’d never win — now that’s not very much fun is it?” In the fourth, Sander approached the plate and crushed a deep fly to right field. Trying to field the home run ball, the VP-47 right fielder took a trip over the temporary fencing to add some comic relief to the game late in the fourth.

Not about to be outdone, Harlow smashed another solo home run in the fourth to put a fork in VP-47. Time elapsed during the fifth inning, and their three hours were up, ending the game at 8–1, Golden Eagles. “We’re really looking forward to the playoffs,” said Golden Eagles coach Matt Lawyer. “Of course, we’re anticipating our match-ups against MAG-24 and 1/12, but we’re curious to see what the other teams will bring to the plate come post season. Hopefully we’ll have some good baseball games and we’ll come out as the intramural champs.”



Sgt. Joseph A. Lee  
A VP-9 base runner strides past home plate as the VP-47 catcher scrambles to recover the ball Friday night at Riseley Field. Good base-coaching has been a solid aspect of the VP-9 team throughout the season, allowing them to make close plays like this one with ease.

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# Did You Know

**Girls and Boys Town...**

- Provides treatment and care to more than 40,000 abused, abandoned and neglected girls and boys across the country each year.
- Provides assistance to nearly one million children each year by training parents, teachers and child-care professionals how to meet the needs of children in the 21st century.
- Has 19 sites located in 14 states and the District of Columbia.
- Assists more than 450,000 callers annually through the Girls and Boys Town National Hotline (800-448-3000).
- Cares for children regardless of race, color, creed, gender, national origin, or ability to pay. On average, girls make up about 50 percent of the youth cared for each year.
- For more information, call 1-800-217-3700, write to P.O. Box 8000, Boys Town, NE 68010, or visit [www.girlsandboystown.org](http://www.girlsandboystown.org)



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Pfc. J. Ethan Hoaldridge  
Sherrod Brown drives past a defender in their March 17 game against a ‘nothin-but-net’ defender. He was the primary ball handler throughout the tournament, running the pace of the game from the top of the key.

# SOC PAC defeats PACOM

**Pfc. J. Ethan Hoaldridge**  
*Combat Correspondent*

**CAMP H.M. SMITH, Hawaii** — Center Ira Dallam crashed the boards the whole game to lead U.S. Special Operations Command, Pacific to a 48–34 tournament win over U.S. Pacific Command’s J-Sixers in intramural basketball at the Camp Smith gym March 17.

Dallam’s rebounding and 15 points in the paint and Sherrod Brown’s stellar guard play led SOCPAC through a roughly fought game as they used their fast-paced running game to out play the J-Sixers.

“We [physically train] together, so I know we could use a running game,” said Brown.

Both teams came out blazing, but the J-Sixers low shooting percentage slowly let SOCPAC gain an early first half lead as the J-Sixers missed several shots early on.

There were 13 fouls committed during the first half causing the referees to tighten up the game with more foul calls.

This caused the J-Sixers to be hesitant on defense, trying to avoid fouling out because of meaningless “tic-tac” fouls, said Carlos Wright, point guard for the J-Sixers.

“The game was definitely rough and rowdy,” said Edward A. Cooper, the J-Sixers coach.

Many fouls and poor shooting caused the J-Sixers to fall into an early rut.

At the end of the half, SOCPAC led the game 22–14.

Continuing the onslaught, Ricky Mefford drained a three in the third quarter to keep the momentum of the game in SOCPAC’s control. After a turnover committed by the J-Sixers, Dallam converted two points on a fast break bringing SOCPAC to a 37–19 lead with seven minutes left in the game.

Toward the end of the game, the J-Sixers tried to rally a come back with guard Marlin Lee’s drives to the basket and Wright’s fade-away jumpers.

After coming within eight points with two minutes remaining, the hopes of the J-Sixers clinching the championship started to fade away.

“The calls seemed to keep going SOCPAC’s way, and we definitely weren’t shooting well,” said Lee. “They had the height advantage on us, too.”

SOCPAC’s defensive presence and rebounding in the paint was one of the biggest contributing factors in their win, said Brown.

In the final minutes of the game the J-Sixers committed foul after foul keeping Brown and Dallam on the free throw line. Although Dallam and Brown’s free-throw shooting was shaky, it didn’t affect their confidence in the least.

SOCPAC strategically ran the clock down in the final seconds, maintaining possession of the ball, bringing the tournament to a close and finishing in the winner’s circle.

## MARINE, From C-4

first enlistment, he ended his service for a while. It wasn’t long before he realized what he had left behind with the Corps.

With the Marines, he felt he could tackle anything that came his way. After all, when he tried out for the All-Marine track team, he pulled a hamstring and still was the second fastest. His spirit is in everything he does. Sometimes his peers will even chide him about it.

“People joke with me because at night, when a helicopter goes by, I can tell if it’s a forty-six or not,” Proctor said. “My attitude was that I was a forty-six mechanic when I started, and I’ll be a forty-six mechanic until I die.”

When he returned to active duty service, Proctor was crushed. There weren’t any openings in the Sea Knight mechanic occupational spe-

cialty, so he was trained as an avionics technician for the UH-1N Huey and AH-1W Cobra helicopters.

After his time as an “avi-tech” he decided to move to a different field. But it had to be something involving electronics because that’s where his love is.

So he ended up with infantry and artillery units in his current field in ground radio operations. As a radio technician, Proctor got a feel for what it was like to be with an artillery battery and a ground division.

The comradeship is closer to what he sought after re-entering the Corps. And he has new aspirations in life after Iraq — football. Instead of being an All-Marine poster boy, he’s trying out for the Wheaties box.

“I plan on trying out for the Jacksonville Raiders when I get back to the states,” said an enthusiastic Proctor. “There’s no telling what you can do until you put your mind to it.”



Sergeant Curtis Proctor, a 29-year-old from Riverside, Calif., checks the logbook as his Marine on the camp guard force changes post, April 2. Proctor is the common operational picture manager for the 2nd Marine Division operations section. The father of four also holds the All-Marine Track Team record for the 200-meter sprint.

Sgt. Stephen D’Alessio